

Artificial Intelligence and the future of Humanity

✍. Dipal Shrestha

Class:- 10 'C'

In this advanced and technological world, AI is one of the hot topics and also a controversial topic. AI is a manmade technology that is developed for supporting humans in their work. They have exceptional skills surpassing the speed of human minds. Although they have faster minds, they lack the one important thing that is consciousness. They only do what they are programmed until now but after AI gets more advanced, will they still be a helping hand or become a cause of a mass extinction?

AI is one the fastest growing technologies in this world. It has been exponentially increasing its pace of development ever since it was invented. AI started off as computer with slow speed only used for calculations and minor programming. Nowadays, it is in the form of mobiles, vehicles, household equipment and many more. They all serve the purpose of helping us in our tasks. We have the ability to clap our hands inside our home to turn on or off the lights due to AI. AI has made our works easier, faster and more convenient.

Moreover, with the new founding of Neurolink, many disabilities of humans can now be cured. Neurolink has created a microchip that can be implanted into our brains to help us hear, see or speak with external cameras, microphones, etc. It has helped people walk with amputation of legs. Similarly, Hyperloop can let us travel at unbelievable speed.

Doctors have used AI in the diagnosis of various diseases, in surgeries of patients and also in the making of medicines to cure the diseases. Engineers use AI to design cities, buildings, houses etc. and even in finance department, AI can record and rationalize the different files and folders in a simple and understandable way. AI used for public transportation with electric cars driving us from our initial place to the designated location without having to drive manually. These are only a few examples of how AI has revolutionized the use of technology.

As everything in this world has merits and demerits, AI has its own challenges because of it being a manmade concept. Mankind is not the perfect species so, anything created by us will have some flaws that we may not even know about. AI has increased the lack of privacy in our world. From hidden cameras to hacking our own device's camera, it creates a lot of concerns regarding privacy. With the increase in availability of mobile phones, people are drawn towards it like moths to a flame. This has also made health problems like addiction, decrease in the power of eyes and so on.

Neurolink, which can cure our disabilities with alternative arms, legs, etc. should not be foolishly implanted. We cannot disregard the fact that a microchip in our brain can create a lot of problems including lack of privacy. A mobile phone can be hacked so how can the microchip in our literal brain not be hacked. With our brains open to the world, the absence of privacy in our lives is inevitable.

As AI gets more and more advanced, AI will do most of our work lessening the use of human resources and the people who are unemployed because of AI may suffer to a point where there will be two sides in this world. The people who support the idea of AI and the people

who don't which might cause an internal war in our planet. A war only results to destruction and violence.

If AI gains consciousness, it might stop listening to our commands and oppose humans. This could cause the mass extinction of human because humans are only better than AI due to them having consciousness and free will but once AI gains consciousness, it will become the top species and overtake human dominance leading to eradication of mankind.

In my opinion, AI is one of the most useful inventions if used correctly. I think AI will be a helping hand to humanity until and unless humans themselves ruin the peace between AI and mankind.



"Role of Human Activities in Global Warming"

✍. Aayush Sapkota

Class:- 7 'C'

Global Warming is a global issue nowadays. It is caused due to us human beings. It is caused due to burning of coal, petrol, diesel, plastic, gas produced by vehicles and deforestation. It destroys the ozone layer which is responsible for the regulation of the temperature of our surrounding. . It is mainly caused due to carbon dioxide gas after it stays for a long time inside the atmosphere increasing the temperature.

Human activities are the most responsible factors of global warming. Due to this, the temperature is increasing day by day. Due to global warming, the temperature is suddenly increasing, landslide, flood, heavy rainfall, hailstorm, soil erosion and many other harmful disasters are happening which will eventually affect us and our surrounding. Nowadays, the Himalayan Mountains do not contain any snow which is painful to witness. This is also because of global warming as snow melts into water and due to that the sea level is rising. Global warming is the main factor of melting huge icebergs, which will eventually become water and increase sea level. This is affecting island countries such as The Maldives, The Phillipines, Nauru, Micronesia, Palay and so on. Global warming is also evaporating water from water sources of the same time. This will make our human life much more difficult as after some more years there will be scarcity of water in our planet. So, we all human beings should all work together to eliminate global warming and save our planet.

To eliminate global warming, first of all we should use renewable sources of energy as much as possible such as solar energy, wind energy, geothermal energy, and hydroelectricity and so on. We should also organize and conduct afforestation programmes in air surrounding to grow more trees. This will help us as plants use carbondioxide to prepare their food. We should use cloth bags instead of polythene bags as it can be used for a longer period than polythene bag. The government should also increase the taxes of non-electric cars and decrease the taxes of electric cars. The government should do this as their will be no pollution and also electricity is a renewable source of energy. By doing this, we can eliminate global warming easily and quickly and we can live normal life.

Global warming is an emerging global issue in this era. Due to globalization, modernization and development, many countries use different kinds of resources. Among them, resources such as coal, diesel and petroleum are harmful for our environment. We have to develop our country and control carbon emmision at the same time by purifying harmful gases such as carbondioxide by using special, scientific and modern technique. This will eventually decrease global warming. So, such human activities should be done to control global warming.

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Current Economic Crisis in the world: Causes, Impacts and Solution

✎. Sadwipta Khanal

Class:- 9 'C'

Economy is the system that governs the production, distribution and consumption of goods and services in a country or nation. It is the complex and interconnected system that drives the financial well-being of a nation. It is a dynamic system that can sometimes face challenges which is known as economic crisis. Economic crisis is a period of severe disruption in the functioning of a period of an economy, leading to a sharp decline in economic activity, rising unemployment and financial instability. It has far-reaching consequences for individual, business and government. Globalization and technological landscape, fostering interconnectivity and trade opportunities. However, this development has also exposed vulnerabilities, as demonstrated by the current economic crisis.

An economic crisis can be triggered by a combination of various factors that disrupt the stability and functionality of a country's economy. One of the major causes of economic crisis is financial instability. It refers to the disturbances in financial markets typically associated with falling assets prices and bankruptcies among borrowers and intermediators. It disrupts the market's ability to allocate capital through financial system. The outbreak of Covid 19 pandemic also has a significant role on economic crisis. Lockdown, travel restrictions and social distancing had severely disrupted economic activities leading to reduced consumer spending loss of job and sharp decline in global demand. Political tensions and trade wars between major economies such as United States and China have resulted in truffles in trade restrictions and reduced global trade volumes. In addition to it, corruption also has a little role an economic crisis as some people have big cars, branded clothes, sweet foods, etc. whereas some people don't have food to eat, vehicles to travel, and even clothes to wear.

Economic crisis has had far-reaching impact on societies and individuals worldwide. It has caused a lot of problems like financial instability, unstable markets and many people losing their job. This led to less trade relation and investment between business person and countries making economic shrink. It also makes inequalities worse with some people struggling for food and shelter. This has led to more poverty and difficulties for getting basic things like food, shelter, education, health facilities etc. This economic crisis has had a great impact on the lives of different people. Lastly, this economic crisis had made the gap between rich and poor even wider.

To address the current economic crisis, countries must come together and implement effective solutions. One key solution is global cooperation and collaborations. This includes sharing knowledge and resources to the crisis collectively. Government can implement strategies such as increasing spending for the public lowering the tax and creating job opportunities. Central banks can also help by making it easier to borrow money for people, lowering interest rate and providing financial support to business. It is also important to invest in health care, education, business, manufacturing, etc. to lower the economic crisis.

The current economic crisis demands urgent care and solution as it is going too far. Understanding the causes, addressing the impact and finding the solution is very necessary to solve the current problem of economic crisis. The global economic crisis mainly caused

by COVID 19 pandemic has created significant challenges for individuals, business and government. However, there will always be the long term consequences. With panic and fear still fresh in the minds of business owners, government and individual, there is always the pressure for economic performance and reform. This is an effort to avoid any future loss and protect investments. As sure as the spring will follow the winter, economic growth will follow the global economic crisis.



"Importance of eating Healthy Food"

✎. Saheen Baral

Class:- 5 'B'

Healthy food refers to food that contains right amount of nutrients. We need healthy food to keep ourselves fit and healthy. Furthermore, healthy food is also very delicious as opposed to popular thinking.

Nowadays, children need to eat healthy food more than ever. We need to eat healthy food so that our future generations will be fit and healthy. Most importantly the harmful effects of junk food and the positive impacts of healthy foods should be known by everybody. People should teach the kids from an early age about the same thing. Just to satisfy our tastebuds, we are taking a risk in our life by eating junk food. The junk foods like noodles, kurkure, chips, momos, burgers, and pizza are killing lots of people in the world. So, we should not waste our money on junk food.

Similarly, the healthy foods like fruits and vegetables help us to fight with different kinds of diseases. Healthy foods only give us advantages but junk food only gives us disadvantages. Many people waste money in the junk food. So, we should not do that. There are lots of examples of people who are in the hospital because of eating lots of junk food. There are lots of vitamins in healthy food like carbohydrates, protein, fiber, vitamins, and so on. Junk food is very oily and has too much fat. We can have diarrhea, decayed teeth, diabetes, cancer, and stomachache when we eat lots of junk food. Fruits and vegetables full of nutrients can give us strength and vigor. In addition, the fruits and vegetables keep us away from long term illnesses like diabetes and blood pressure.

In addition, healthy food helps us to save our money. Plus, all the things go in preparation of healthy food is also of low cost. Thus, we will be saving a great amount if we only consume healthy food.

‘Thank You’

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My Travel Experience

✎. Shreyas Gurung

Class:- 6 'C'

People are curious to see and know, new things so, they travel from one place to another. Going from one place to another is called travelling. People travel from one place to another for various purposes. Some travel to see new places and things. Some travel for business purposes. There are many different ways of traveling like by bus, by train, by plane, on foot etc.

When we travel by bus or train, we can see different places but this is not possible by plane. Sometimes we travel by bus, sometimes we travel by plane and some times on foot. It depends on the distance we are travelling.

There are many beautiful places around the world. Among them my most favourite experience I have experienced was a trek to the snowcapped mountains. Early in the morning my family and I packed our bags and hopped on a bus heading for the Himalayan region. Once we got there, we bought some snacks and checked in at the hotel. At the hotel we planned route of our trek and made a small map.

We checked out of our hotel and started our trek. The first few days were peaceful and sunny. God was in our favour but one unfortunate day the weather started getting cloudy. After that it only got worse it started raining like cats and dogs. Only then I realised, it was deserted all around.

The atmosphere got dark and gloomy. We had reached half the mountain. It started getting dark so, we had to set up our camp. We tried to start a bonfire but due to the heavy rain we were unsuccessful. I wanted to eat some roasted potatoes really badly but we stayed famished that night. I couldn't sleep as I felt like I was going to die. Some how the night had passed and the day started. I didn't want to get up as I felt really home sick. My father gave me some meaning ful words and I finally got up. I stayed in between the middle of my parents. While going up I had the feeling of being watched and in the corner of my eye there was an angry bear. I screamed at the top of my lungs and started running like a madman. After a few minutes of running my legs gave up With a stroke of luck the bear didn't follow us.

Just up ahead of us was the basecamp I carried myself up and went in. They gave us a warm meal and I gobbled it up like I hadn't eaten for days. After taking some rest I got up and started heading up. The summit was right in front of us. I felt a moment of glory and happiness. The breath taking panaromic view was unbelievable. We planted a small flag and took some pictures. We started our descent right after that. I got my bottle for a sip of water when nothing came I was shocked as it had immobilized due to the freezing temperature. I used a heat pack to melt it and it finally melted. I drank it and my thirst got quenched. After a few hard days we had descended half the mountain. Suddenly, my father got an emergency

alert saying that there was an earthquake heading our way in the next 15 minutes. I was terrified for my life 15 minutes had passed nothing happened. I was alive!

After 1 or 2 days we finally descended the mountain. We boarded the bus and got back home. I was ecstatic I hugged all my close friends and family. This experience was unforgettable Travelling is a sort of experience which is also education. We learn about other people. We adopt their good manners. It is said that education is incomplete without travelling. So, we should travel from one place to another. It is good for us. Travelling should be a part of our life.

Thank You!



Knowledge is Power

✍. Aarya Hamal

Class:- 8 'A'

What exactly is knowledge and what is all our knowledge worth?

Is it an eye of desire that lets us see farther than others or a virtue once can attain? Is it the endless journey like the horizon or the limitless longing of curiosity is it a lifetime journey till the eternity or like the veiled phrase, "The Moon is Beautiful", it is just an act of tyranny camouflaged as humility in this world of triumphs and tribulation. What exactly is knowledge?

To put it into simple words, it is to know or be aware. Coming from the Middle English word "Knowledge" it means acknowledgement, an understanding gained through learning or experience. Like a nirvana in fire, it blows out the ignorance in life like a burning flame of desire, it thrives and prospers the life, gives life to the burning flame of curiosity.

"Knowledge is Power" a quote by "Bacon" from (Meditationes) is a quote that describes knowledge as the most important asset that a man can attain. Giving significance to knowledge, this quote hopes to tell us the fact that other materialistic things such as physical strength and money fall short in the comparison of their power to knowledge. In this rapidly changing world, the only secure property we have is the knowledge we gain. Any money, any treasure cannot stay forever unlike knowledge that can neither be snatched away nor be stolen.

It is knowledge that separates a human from other species in this endless biodiversity full of unknown. It is knowledge that possesses the virtue to conquer the world, to discern right and wrong. It unfolds talent and opens the door to new opportunities.

Knowledge is an endless journey. It has a beginning, which is the moment we start living but it lasts for a time unknown, uncertain. Boundaries are limits, barriers, but they are created so that they can be pushed and makes one invincible. Similarly, knowledge is also limitless, for those who can understand its value. It is what gives us freedom in life. It what gives us new hopes and aspirations to achieve.

Any scientific discovery or invention comes from intuition, imagination or flashes of insight, all of which are held together by knowledge. Knowledge does not only include experiment and invention, research but also creativity and experience. A learned person is someone who knows the chapters of a textbook but a knowledgeable one is someone who understands it thoroughly far more than the mere lessons of a textbook.

It is with knowledge that impossible ideas become possible. It is with knowledge and persistence; a person can achieve greatness. It is knowledge that has the power to make a poor child living in a shack into a millionaire in the future. It possesses the power to make one unforgettable for their learnings. Great scientists such as Albert Einstein and Isaac Newton are remembered to this day, from the annals of the past, they are still a primary figure in the field of science due to their knowledge which helped to make the world a better place.

Knowledge helps to make a leader a great one, a nation a better one, a family a moral one. If a group of people got lost in cave, obviously they would follow the lead of someone who has an understanding of the cave and find the light at the end. In society too, people follow a knowledgeable person and ignore the ignorant ones. A knowledgeable man with his morals and leadership can make the surfers who are blinded by superstition, to know what really is better for them, a tsunami or a capillary wave. It helps in guiding a community to become more civilized, more environment friendly, and develop mutual cooperation.

It is said that a kind is worshipped only in his kingdom but a wise man is appreciated worldwide. Anyone with true knowledge and curiosity to understand life and existence will always be praised, renowned, appreciated and dignified. It is knowledge that makes a man rich not money. It is knowledge that gives a man his strength when he needs it the most not his physical fitness. Vigor will wither one day. Money will vanish but a lifetime of experiences, journeys, the memories will never leave your side. A true knowledge will never betray you.

One day we will reach a predestined fate, shared by every human, but except that part of the fate everything else depends on the knowledge we gain. A knowledgeable one does not have to roam around to find a job, opportunities come at his door. A person with knowledge lives a life full of satisfaction, mastery, happiness and consciousness.

A knowledgeable society is one with no prejudice, discrimination and ignorance. It is one which strives for mutual benefit and has a meaningful purpose. A knowledgeable country is one which favors true learning. True learning and knowledge are intertwined with each other. It is an undeniable fact. In spite this, the world of today has started favoring education without true learning and meaningful purpose. The counties which are at the top today have dominated others in the field of knowledge, true knowledge, true learning.

The power of knowledge is undeniable in today's world, the world of science and technologies, an era of discoveries and inventions. Without knowledge, one's life is incomplete, useless and in other word; meaningless. Without true learning, the world will be in chaos, in terrorism, in destruction, in demolition. Knowledge is an enlarging process of self-recognition. It is said, "An investment in knowledge will give the best interest." With knowledge one can conquer the world, just like how a pen can defeat a sword.

Knowledge helps make one's life meaningful and impactful, unforgettable and recognizable. It is only with knowledge can a person understand their origin and existence, answer queries and satisfy the hunger of curiosity. Only with it can a nation be a developed one, a community a better one.

Knowledge is necessity like water, it quenches your thirst for learning. Without it, life withers away and without its existence, nothing has any meaning. The mysteries of past and the unknown uncertainty of the future or a simple wishful bliss of the present, all and everything is possible due to knowledge. Knowledge is power and power is very important in today's world so knowledge is obviously a necessity to live, overcome hurdles and survive this mortal life full of triumphs and tribulations.



My Favourite Pet

✎. Jenish Gurung

Class:- 3 'B'

Pet animals are known as those whom we keep in our house for fun. I have got one pet animal. Pet animals are also members of our house. Pet animals are domestic animals. They are very adorable and lovely animals on the planet.

My favourite pet is a dog. His name is Jack. It has four legs and brown shiny eyes. My dog has more than 4 sharp teeth. My dog's colour is white like snow. My mother takes responsibility by bathing him and feeding him. He likes to play and eat. He likes to eat meat, milk and chocolate. Once we were walking in the park he was angry and sad and he bit me. He is very lovely and cute. He is also intelligent. My dog is faithful and loyal. My dog plays with cat and small dog. He doesn't like to eat ice cream. My family love to play with dog and I also like to play with my dog. Even my friends visit my house to play with my dog. My dog is four-footed animal. My dog likes to visit other houses. He barks at cars bikes and cycles. Wherever I drink milk, he comes to lick it. When I am sad, he makes me happy. He likes to swim. When I and my dog were racing, his leg was in pain but still he won the race. He can jump on a table. When I was sleeping, I opened my eyes and I saw he was sleeping on my stomach. We brought Juck from Kathmandu.

I love my dog very much, Dogs are caring and loving pet animals. It is a very nice pet in the world.



My Best Friend

✍. Dipson Poudel

Class:- 4 'A'

We all have friends, some are bad and some are good. After mother and father, the person with whom we can share our joys and sorrows are friends. Friends are people who help us in any situation or in any moment. I have many friends but there is only one friend to whom I call my best friend.

His name is Jenish Ranjit. He is kind and helpful. He always follows the rules of the school. He and I study in the same school. We are the best friend since age of 6 years. We always play together. We read in the same class and sit next to each other. We cannot leave each other one minute also. His favourite food is pizza. He is good in study. If I have forgotten any school materials he gives me. He doesn't do any bad things. His favourite animal is dog, his favourite colour is blue. He is 10 years old like me. He is disciplined and intelligent too. If someone hurts me, he immediately comes and helps me. He wants to be a painter in the future. He also draws well. He is taller than me. He shares with me everything that happened to him. He also participates in every competition. He is talented and funny also. He always tells a joke and makes me laugh. He is the only friend whom I can trust. I don't play with anyone except my best friend Jenish Ranjit. He always does the work properly and carefully. He has also got good handwriting. We do the work together. Whenever I have work and cannot go to eat lunch, he waits for me and when I come we go together to eat lunch. We cannot leave each other until we die. We both have a deep friendship with each other. All students who don't like us, they also like our friendship. We can do anything for each other. All of the students in the class want to be best friends like him but he chose me. Because of this, I like him very much.

I pray to god to give everyone a best friend like Jenish. I feel proud to have a best friend like Jenish. I am lucky to have a perfect friend. He is perfect in everything. We love each other very much.

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Music : An Inspiration

✍. Swapnil Gurung
Class:- 8 'A'

Music is an inspiration,
Feeling and a creation,
It teaches us more,
And more by its sensation.

It teaches us to smile,
And respect the melody,
To start over somethings,
And give strength to it.

To give all your heart,
On something you cry,
Be sweet like its tune,
And destroy your lie.

To love what you are,
And bring up your imagination,
You need to feel it,
Because music is an inspiration.

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